



Attack as a Team and Defend as a Team – NO GOALKEEPING while on attack

- When coaching in the 4v4 or 3v3 coaches need to reinforce the following points:
 - No goalkeeping
 - When in the attacking half everyone moves up to attack the opponent's goal
 - While shown in a diamond formation here it's not important to emphasize the shape as much as to let the players find the spaces they want

Match Play Boss of Balls

- Purpose is to increase the amount of time on task for players
- Coaches alternate putting the ball back in play as opposed to “kick ins” by players which tends to take a lot of time
- If a single player is not as engaged, then play them the next ball
- In the diagram a payer in red dribbles out of play and the coach for blue plays a ball in to a blue player
- Important not to use this as a tool to win a game or score a goal with an exception relating to individual player needs.

